



Friends of Pisgah

**Forth Annual 5K/10K Trail Race/Walk
Saturday, May 26th, 2018 9:00AM**

FUN FOR FAMILIES AND ATHLETES

T-Shirts to the first 100 registrants

Friends of Pisgah Membership free to all registrants

Proceeds benefit the Friends of Pisgah in their advocacy of Pisgah State Park.



Course Description: Runners will travel over old jeep roads and single-track trails through a northwest portion of Pisgah State Park. The scenic courses will have water stops, one on the 5K and two on the 10K.

Directions: From West: NH Rt. 9 from I91 Exit 3, 7mi to Rt. 63S, 1mi left Old Chesterfield Rd., .2mi past school and field, bear right onto Horseshoe Rd. for 1.5mi to parking lot.

From East: NH Rt. 9 from Keene, approx. 13mi to Rt. 63S. Follow directions above.

Registration: Horseshoe Trailhead 7:30-8:45AM

Fee: \$25 individual or \$10 16 years old and under

Payment Options: Register online at Active.com, cash or check on race day or send check with this registration form payable to Friends of Pisgah Inc., P.O. Box 134, Chesterfield, NH 03443-0134. Additional registration forms are available at FriendsOfPisgah.org

ALL INFORMATION REQUIRED

Last Name: _____ First Name: _____

Address: _____ City: _____ State: ____ Zip: _____

Phone(s): _____ Email Address: _____

Emergency Contact: _____ Phone: _____

Date of Birth (mm/dd/yyyy): ____/____/____ Age (years): _____

Circle Choices: Male/Female

Race: 5K/10K

Shirt Size S/M/L/XL

I hereby assume the risk of participation in this race and waive, release, discharge, and agree not to sue, from any and all liability for my death, disability, personal injury, property damage, property theft, or action of any kind as a result of my participation in or travel to or from this event, the following organizations and its members: Friends of Pisgah Inc. et al, the State of New Hampshire and their officers, directors, employees, representatives, agents, and volunteers.

Signature: _____ **Date:** _____

Parent Signature if under 18: _____ **Date:** _____